

Bronwyn Michaelis

Holistic Medical Arts

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Profile

Bronwyn Michaelis is a licensed primary care provider, acupuncturist, Traditional Chinese Medicine practitioner, and a Reiki, Yoga, and Bodywork instructor. Trained in traditional healing practices from around the world and expert in numerous forms of yoga, Bronwyn's methodology integrates an advanced knowledge of human anatomy and physiological processes for optimizing vitality and unfolding the mind-body's latent potential.

Experience

Founder and Director of Holistic Medical Arts Berkeley, Ca 1999-present

- Treating a diverse population of the Bay Area with integrative medicine including acupuncture, herbs, moxibustion, nutrition, Traditional Chinese Medicine and bodywork such as chi-nei-tsang, Rosen Method, shiatsu, tui-na, and Reiki.
- Patients challenges include: depression, chronic pain, gynecological health, psychiatric disorders, physical decline, side effects of cancer treatment, HIV, orthopedic concerns, constipation, IBS, eating disorders, nausea, anxiety, PMS, fertility challenges, and addictions.
- Providing primary care, case management, referral and integrative communication with allopathic medical facilities and practitioners.

Oriental Medicine Faculty, Acupuncture and Integrative Medicine College

Berkeley, CA 2010-present

- Development of course curriculum and instruction to graduate students in Tui-na and Shiatsu as part of the acupuncture board's licensing requirements.

Founder, Director, and Instructor of the Wu Wei School of Reiki Berkeley, CA 1998-present

- The school offers comprehensive training in all aspects of Reiki from beginning level to Master Level classes as well as training in Traditional Asian Medicine, esoteric anatomy, auras, chakras, crystals, toning, aromatherapy, and ReikiYoga.
- Classes include traditional Usui Reiki and Japanese Reiki Techniques and are grounded in a background of functional medicine and Asian medicine.
- International Venues have included: Himalayas, India; Barcelona Spain; Glastonbury, England.
- Facilitating an ongoing community Reiki share group in Berkeley since 1999 where students and professionals regularly gather.
- Supervision of a clinic apprenticeship program at Holistic Medical Arts where students practice Reiki and members of the community receive low-cost treatments.

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Yoga Instructor 1999- present

- Instruction in numerous styles of yoga including Iyengar, Ashtanga, kids yoga, Bikram, and Bronwyn's own unique blend incorporating axis syllabus and dance.
- Bay area studios where she has held ongoing classes include: The Yoga Source, The Berkeley Yoga Center, Berkeley Arts Magnet Elementary School, Orinda Yoga, Berkeley YMCA, Dragon Well Healing Center, and Precious Life Wellness Center.
- Internationally: Copenhagen, Denmark; Barcelona, Spain; Costa Rica, and ongoing retreats with Rare Journeys (national geographic explorer Ian Baker) in Tibet.

Founder, Owner, Director, and Developer of Dragon's Back Retreat Center

Mendocino, CA 2006-present

- Developed over 60 acres of raw land into a beautiful and sustainable retreat center and organic medicinal herb garden.
- Installation of a 75,000 gallon solar powered water and irrigation system.
- Organizing, and facilitating yoga, herbal medicine making, and Reiki retreats as well as workshops in sustainable development.

Selected Workshops Given 2010

- Ensuring Brilliant and Robust Immunity with Prashanti de Jagar, Fairfax, CA. Functional Medicine & Ayurveda
- Urban Yoga and Wellness Retreat with Sri Louise, Berkeley, CA
- Earth Plastering on Straw Bale Buildings, Mendocino, CA
- Reiki in the Context of Asian Medicine, Berkeley, CA
- Chakras, Essential Oils, and Crystals, Berkeley, CA
- Numerous Reiki Classes

Education

Master of Science in Traditional Chinese Medicine

- Acupuncture and Integrative Medicine College, Berkeley, CA 2007

Bachelor of Arts in Women's Studies

- University of California, Berkeley CA USA 1997
- included study abroad at:*
- Delhi University, India (6 months) Sociology and Hindi
- Hebrew University of Jerusalem, Israel (1 year) Comparative Religion 1996

Ayurveda

- Ayurveda Fundamentals Intensive, Swamy Vivekenanda Research Institute of Medical Sciences, Mysore, India 2004
- Deeper Ayurveda Residential Intensive, Jiva Ayurveda. Faridabad India 2004





Psychotherapy

- Hakomi Body-Centered Psychotherapy 2 Year Comprehensive Training, Hakomi Institute of San Francisco 2006
- Huma Somatic Psychotherapy. 2 Year Training, with Louise Barrie 2004
- Jon Eisman's 'Recreating the Self' Intensive Training 2006
(Bronwyn is NOT a licensed psychotherapist and does not offer psychotherapy in her practice)

Yoga

- Advanced Yoga Teacher Training, Piedmont Yoga Studio, Rodney Yee 2003
- Yoga Teacher Training, Berkeley Yoga Source, Jazz Potier 1999
- Advanced Hand Balancing, San Francisco Circus School, 2006.
- Ashtanga Yoga, Mysore, India 2004
- Iyengar Yoga, The Yoga Room, Donald Moyer 2000-2007
- Immersion in silent Zen meditation retreats, Raja yoga, pranayama practices, numerous pilgrimages, and ashram residencies. 15 months India 1997-1998

Bodywork

- Rosen Method Bodywork Practitioner, Rosen Method Institute of Berkeley, CA 2002
- Chi Nei Tsang Organ Massage, Chi Nei Tsang Institute, Giles Marin 2003
- Licensed Massage Therapist, Re-Source Massage Institute, Gail Stewart 2003
- Reiki Master, Himalayas, India 1998

Nutrition

- Healing with Whole Foods Residential, Heartwood Institute, Paul Pitchford 2003

Dance

- Axis Syllabus Nomadic College, Frey Faust Brazil 2010
- Half Machine Performance, Copenhagen, Denmark 2003
- War Between Robots and Angels Performance, San Francisco 2002
- Contact Improvisation and axis syllabus, numerous trainings, performances, and extensive ongoing practice since 1999

Selected Workshops Attended

- Enneagram Personality Types, Franciscan Convent, Minnesota 2 residential intensives, Reizah Leah Landman 1999, 2000
- Classic Pulse Diagnosis of the Nan Jing with Joseph Adams 2010
- The Spirit of Herbs with Thea Elijah 2009
- Treatment of Immune Deficiency and Allergic Disorders with Essential Oils, Peter Holmes 2009
- Hoffman Institute Quadrinity Process: Integration of the Four Aspects of Self 2000
- Rosen Method Global Congress, Germany 2004
- Mentorship with Claudio Naranjo & Reizah Leah Landman, Berkeley 1999-present





International Experience

Bronwyn, originally from South Africa, has lived, worked, and studied all over the world and reads and writes Hindi, Hebrew, and Spanish. She has traveled extensively in Africa, Asia, Europe, and the Middle east, and a fair amount in Central and South America. Her international experience allows her to work with people from diverse backgrounds and integrate a deep understanding of many healing arts. These travels have inspired in her a deep caring for the earth, sustainable living, and humanitarian needs.

References available upon request

Bronwyn strives to unify passionate aliveness with grounded presence. She spends her lifetime seeking ways to transform consciousness through the integration of body, mind, spirit, and the elements. In her spare time, she enjoys making pottery and tending her garden. Bronwyn also loves to dance and spends as much time as possible upside-down. She lives in Berkeley, CA with her two german shepherds, Willow and Violet.

