



## Comprehensive Reiki training from Beginning to Master Level

### About the school

The Wu Wei School of Reiki was founded by Bronwyn Michaelis, LAc who has been teaching Reiki since 1998. The school offers comprehensive training in all aspects of Reiki from beginning level to Master Level Classes as well as training in Traditional Asian Medicine, esoteric anatomy, auras, chakras, crystals, toning, and ReikiYoga. The classes include traditional Usui Reiki and Japanese Reiki Techniques and are grounded in a background of functional medicine and extensive clinical experience.

### Philosophy

Reiki supports the inner light and consciousness alive and present in each of us. It calls us to sit with the self and understand how to use inner natural resources to heal ourselves and others. Inner medicine is wonderful to pursue as it resources our living energy within and teaches us how to use it to respond to all things. It embodies Wu Wei, or non-action, that leads us back to balance and deep awareness

### Benefits of learning Reiki

1. channeling of healing energy for family, friends, and community.
2. increasing intuitive, psychic, and energetic awareness.
3. promoting a deeper level of communication and connection through touch.
4. enhancing one's ability to be in the present moment.
5. strengthening and accelerating spiritual growth.
6. assisting personal health and aliveness through an increased flow of energy in the body.

### Reiki Clinic

The Reiki clinic provides an opportunity for people to practice Reiki in a professional setting with members of the community. Volunteering at the clinic is a chance to receive mentorship and be supported without having to set up a private practice. It is an invaluable opportunity for hands on practice where you will be supported through your journey. It is also a great place for people to receive Reiki at a low cost and experience it's benefits first hand. Pre-requisite for volunteering at the clinic is Reiki I level certification or higher.

### Wu Wei Reiki Certification

The certification of Reiki practitioners is designed to ensure consistency in a high quality of Reiki training. There are 4 levels of certification involved to suit all levels of interest on the Reiki path. The Wu Wei School of Reiki is one of the the most professional and demanding Reiki certifications in the industry. In order to maintain a high quality of training and professionalism class sizes are limited and individual attention is assured. Because each student has different professional and personal goals in their Reiki journey we provide a variety of classes to fit your needs.



## Reiki training program from Beginning to Master Level Certification Course Syllabus.

1. Reiki 1 Workshop
2. Reiki 2 Workshop
3. Reiki 3 Workshop
4. Reiki Master Workshop

5. 6 Deepening Reiki Course Series:

Session 1	Chakras
Session 2	Auras and Pendulums
Session 3	Crystals and Toning
Session 4	Reiki and Yoga
Session 5	Reiki and Asian Medical Theory
Session 6	Reiki and Emotional Imbalances

6. Clinic Apprenticeship of 50 hours
7. Opportunity to assist workshops of each level with Bronwyn
8. Attendance of 12 Reiki Shares (May be completed before Reiki Master Class)
9. 2 hours of meetings with Bronwyn to discuss your practice.

\*First 4 Items must be completed in order as they are pre-requisites for each other. All other classes and the clinic apprenticeship may be completed in any order.

\*\* Each Class may be paid for individually except for in the case of the Reiki Master Class which includes the entire level.

\*\*\*Each level paid for in advance = 10% discount. If Reiki Workshops 1-3 are paid for in advance a 15% discount is applied (\$510). Entire level 1-3 certification in advance = 20% discount (\$848).

\*\*\*\*Entire Program of Level 1-Master Certification paid for in advance = \$1,400. (savings of an additional \$108).

# Wu Wei School Of Reiki Training

level	certification allows	Requirements	cost	package (10% off)
<b>Reiki I</b>	Ability to treat that which is in one's physical presence such as oneself and others.	*Reiki I Workshop *1 Reiki Share * 1 Deepening Reiki Workshop	\$200 \$15 \$100	\$ 283
<b>Reiki II</b>	1. abstract healing (groups relationships, ideas) 2. distance healing 3. healing across time (past and future)	*Reiki II Workshop *2 Reiki Shares * 1 Deepening Reiki Workshop	\$200 \$30 \$100	\$ 297
<b>Reiki III</b>	practice with master level symbols and mantras which allows a stronger channeling of Reiki	*Reiki III Workshop *3 Reiki Shares *2 additional Deepening Reiki Workshops	\$200 \$40 \$200	\$ 396
<b>Reiki Master</b>	teaching of Reiki and passing attunements on to others	*Reiki Master Workshop * 6 Reiki Shares * 2 additional Deepening Reiki Workshops * 2 private consultations with Bronwyn * clinic apprenticeship of 50 hours	\$200  \$60 \$200  \$200	\$ 660
<b>Deepening Reiki Series</b>	understanding of esoteric anatomy, transformation of Qi, and specific ways to treat disharmonies in the body.	*6 deepening Reiki courses	\$100 each	\$250 for a series of 3, \$400 for a series of 6.

## Reiki I

The Reiki 1 workshop introduces one to basic principles and techniques and assumes that you have no prior knowledge or experience of Reiki. Reiki I invites us to connect with Reiki on a physical level so that we can touch or beam the energy. The process includes a physical cleansing and clears pathways for a stronger channeling of universal life force energy and an increase in psychic and spiritual awareness.

### Course Syllabus

Gassho meditation  
History of Reiki  
How Reiki works  
Reiki degrees  
5 Principles of the Meiji Emperor  
The 3 Pillars of Reiki: Gassho, Reiji-Ho, and Chiryō  
Reiki Kanjis (mudras or hand positions)  
Hand positions for self healing and treating others  
Demonstration of a complete healing session  
Attunements  
Practicing Giving Reiki Treatments  
Reiki ethics  
21-day cleansing guidelines  
Reiki Mawashi (group Reiki)  
Reiki Share

### Required to complete Reiki 1 certification:

1. Reiki 1 Workshop
2. One Reiki Share
3. One Deepening Reiki Class (may select any)

## Reiki 2

Reiki 2 includes a process of emotional and mental clearing, including enhanced intuitive abilities and psychic awareness, through which people often report a deeper connection to Spirit. The attunement connects one to the Reiki symbols and sounds that make possible the channeling of Reiki across time and space. For example, through Reiki distance healing you will be able to send Reiki to someone not in the same location as you, or in a different time, such as to our mothers or ourselves at our birth, back in time to a traumatic event, or to the future for an expected situation. You will also be able to treat destinations where physical touch is not possible, such as relationships, ideas, groups, large geographical areas, concepts, etc. Reiki 2 makes you part of the healing of humanity in a new way.

You will be able to expand your Reiki practice in 3 ways:

1. Reiki distance healing across space
2. Abstract healing to that which cannot be touched physically
3. Healing across time

### Course Syllabus

Gassho meditation  
Reiki 1 questions.  
What is Reiki 2  
Reiki 2 ethic.  
Reiki 2 symbols 3 symbols to practice drawing, saying, activating.  
How to use the symbols for distant healing.  
Gassho, Reiji-Ho, and Chiryō review.  
Demonstration of a healing session using the symbols.  
Additional Hand Positions  
Reiki 2 attunements.  
Practicing giving Reiki 2 treatments  
Reiki Mawashi (group Reiki)

### Required to complete Reiki 2 certification:

1. Reiki 2 class
2. 2 Reiki Shares (One additional from Reiki 2, making total 3)
3. One Deepening Reiki Workshop (One additional from Reiki 1, making total 2)

## Reiki 3

In this class you will learn the Reiki 3 symbols that enable the channeling of Reiki energy on a Master level. You will learn specific techniques to deepen your treatments and enhance awareness. This will prepare you for Reiki 4 class, in which you will learn how to pass on attunements.

## Course Syllabus

Gassho meditation

Reiki Master Symbols (Usui & Tibetan)- 2 symbols -practice activation

Reiki 3 attunement

practicing treatment of Reiki on a Master Level

tantric practices to prepare for passing on attunements and increasing channeling of Reiki

protection techniques

professional issues for reiki practitioners

Reiki treatment intake, charting, and medical records

Reiki Mawashi

## Required to complete Reiki 3 certification:

1. Reiki 3 Workshop
2. 3 Reiki Shares (3 additional from Reiki 1 & 2, making total 6)
3. Two Deepening Reiki Workshop (Two additional from Reiki 1, making total 4)
4. 2 one hour meetings with Bronwyn to discuss any questions or challenges you are having in your practice.

## Reiki Master Apprenticeship

By the end of this training candidates will be able to:

1. Practice Reiki on self and others on a master level.
2. Be well versed in intermediate and advanced symbols and mantras and their appropriate use.
3. Be able to pass on attunements to students and teach them Reiki
4. Be versed in the basics of esoteric anatomy including chakras, auras, and other subtle energy fields.
5. Have a functional set of professional guidelines for yourself when working with clients and students
6. Have an understanding of Reiki in the context of the transformation of Qi.
7. Understand how to detect changes in the subtle energy fields and how to respond.
8. Have an idea of how to treat specific ailments with a variety of appropriate hand positions

### Course Syllabus

Gassho Meditation

Professional Issues & Ethics of Teaching Reiki

Reiki Master Symbols - Usui & Tibetan - 2 additional symbols for passing on attunements - Reiju

How to activate & pass on an attunement for level 1 through Master

practice of passing on attunements

Usui & Tibetan attunements Reiju

practice Reiki treatments

Reiki Mawashi

Classes Required to complete Reiki Master Certification:

1. Reiki Master Workshop
2. Six Additional Reiki Shares (6 additional from Reiki 1 & 2 & 3, making total 12)
3. Clinic Apprenticeship of 50 hours
4. 2 hours of meetings with Bronwyn to discuss your practice.
5. Opportunity to assist workshops of each level with Bronwyn (optional)

## Deepening Reiki Series

Each Deepening Reiki Class will also include a Reiki Refresher Attunement. When Usui taught Reiki it was accepted that one received as much reiju (attunement) as possible. Receiving repeated Reiki attunements helps to clarify the energy in our system, smooth any stagnations that may accumulate, and allow a stronger channeling of the energy.

<b>Deepening Reiki*</b>	Session 1	Chakras
	Session 2	Auras and Pendulums
	Session 3	Crystals and Toning
	Session 4	Reiki and Yoga
	Session 5	Reiki and Asian Medical Theory
	Session 6	Reiki and Emotional Imbalances

### **Chakras**

Chakras as innate power centers- depth and detail will be given with each chakra and it's representation, function, and sensation essential oils for energizing each chakra bija mantras sounds which open each chakra hands on work to balance individual energy centers specific crystals to harmonize and balance yantras (visual representatios) to awaken meditations to attune oneself to each chakra's energy and explanations of each chakra's function for a more complete understanding. imbalance and disharmony of each chakra for increased treatment potential This class will include a Refresher Reiki Attunement as well as Reiki Mawashi, group Reiki.

### **Auras & Pendulums**

Explore the 4 layers of the Aura with depth and precision. Learn how to sense the different layers, which parts of the Aura to treat for specific disharmonies, and how to diagnose auric imbalances. This class will include a refresher Reiki attunement, Byosen Scanning Technique, as well as Reiki Mawashi.

### **Crystals & Toning**

Crystals are powerful tools for harmonizing, energizing, and calming our systems. Learn different ways to use crystals, where to place them, and which crystals correspond with each chakra. We will also cover toning and chanting. This class will include a refresher Reiki attunement as well as group Reiki.

### **Reiki & Yoga**

How can we incorporate yoga into our Reiki practice and Reiki into our yoga practice more effectively. Learn positions to use in your own practice as well as ones to assist others. Please bring your yoga matt and any props that you have to create a more restorative yoga environment. This class will include a refresher Reiki attunement as well as group Reiki.

## **Reiki & Asian Medical Theory- Types of Qi**

Reiki's history is steeped in Japanese Culture and Medicine originating with Dr. Usui. In this workshop we will integrate and explore some of the deeper aspects of Reiki in the context of Traditional Asian Medicine. We will cover the transformation of Qi in our bodies and explore how to recognize and treat disruptions in this process

## **Reiki & Emotional Imbalances**

Reiki's history is steeped in Japanese Culture and Medicine originating with Dr. Usui. In this workshop we will integrate and explore some of the deeper aspects of Reiki in the context of Traditional Asian Medicine. We will cover the transformation of Qi in our bodies and explore how to recognize and treat disruptions in this process

## **Teaching Methods**

Lecture, Demonstration, Practice, Experiential Exercises, Clinic Apprenticeship, Assisting of Classes, Workbooks and Handouts

## **About the founder**

Bronwyn first studied Reiki in India in 1998 where she lived for one and a half years deeply exploring the connection between consciousness, qi, and the health of our bodies. Her Reiki Master is Dan Burge whom she apprenticed with as they traveled all over the Himalayas teaching Reiki Workshops and eventually opening a Reiki school together in Glastonbury, England. Bronwyn continues to teach Reiki internationally in Spain, India, and the US. She currently has a Holistic Medical Practice in Berkeley, CA where she has been practicing and teaching Reiki since 1999. She is also a licensed Acupuncturist, Herbalist, Massage therapist, and Rosen Method Practitioner. She is part of the faculty at the Acupuncture and Integrative Medicine College where she teaches Zen Shiatsu and Tui-Na.

